

Three Rivers Inc.

Access to Independent Living

February 2010

New Location for Main office in Wamego



**New Wamego Building
504 Miller Drive**

January 2010 the new building was completed and the Wamego staff moved in. It is really nice to have everyone on the same floor, with a wide open floor plan. The industrial set-up has helped when trying to cut costs to build and maintain our office. It is completely accessible to be consumer and visitor friendly!!

Please stop by any time for a tour or just to say hello. The Address is 504 Miller Drive, Wamego. At the Highway 24/99 Intersection you travel East on Highway 24. Then turn into the Industrial Park. Turn left onto Miller Drive and pass Highland Community College. Three Rivers is the metal building with green trim. Hope to see you soon!

TAKE ACTION - NOW!!

We are **in danger of losing vital services** for our consumers. I urge everyone to take a few minutes to call or write your legislators **TODAY** and tell them to “stop the state’s Medicaid cuts”. Let them know that you cannot do without the services provided by Three Rivers. See the article below for legislative contact information.

Audrey Schremmer-Philip, Executive Director

A Little Extra Help in the Home

Do you know someone that could use a little extra help around the house? The H.O.M.E Program offers in-home, non-medical services to those in need. These low cost services are tailored to fit the individual’s needs. These can include, but are not limited to; meal preparation, hygiene, housekeeping, and shopping. This program is geared to keep the elderly in their own homes and assist people after an illness or injury.

Please call our toll free number 1-800-555-3994 for more information.

Talk to Your Legislatures

The Advocacy Committee has been on alert and responding to State issues as they arise. We are continuously getting alerts from Shannon Jones, director, State Independent Living Council of Kansas, when there is a need for an advocacy push. Many letters/emails have been sent to our legislature and even the Governor. Our message has been strong— we can’t take anymore cuts! Our friends at KNEA, Kansas National Education Association, have shared their capwiz email system that will automatically send your message to your House member. Anyone can use this. It is quick and easy. If you want to send a message, you simply type in your home address, and an email box addressed to your House member will come up. You can use our talking points provided by the Wamego office or use your own message. The talking points make it easier to address the issues that pertain to services provided by Centers such as Three Rivers. Remember to be respectful when personalizing your message. Talking points and the capwiz are available on the Three Rivers website www.threeriversinc.org.

To help save on expenses Three Rivers would like to start emailing newsletters.
Please email us at reception@threeriversinc.org if you have an email address.

Those without email address will continue to receive them in the mail.

UPCOMING EVENTS

Living Well with a Disability Class - talk to your counselor about the next class in your area

Three Rivers Works with Youth

Three Rivers will be working with Wamego, Wabaunsee and Rock Creek High Schools to host Career Exploration during the month of March. Students with all types of disabilities will get a chance to visit businesses in the area that match their interests. This will give the students a chance to see what goes on during a normal business day. This will help them decide if this career is right for them and what training they need after high school.

Success Story

A family was referred to Three Rivers Inc. by the Manhattan Emergency Shelter. They needed help with locating community resources. We worked with several local agencies and the mother of six was able to find affordable and safe housing. Her oldest is now enrolled in the local Learning Center working hard to complete his GED. Matching problems with solutions is one thing the Three River staff is very good at doing! Congratulations to all!

Contact Information for Three Rivers

Mailing Address Remains the Same

Three Rivers
PO Box 408
Wamego KS 66547

One Toll-Free Number Reaches All of the Offices

1-800-555-3994

www.threeriversinc.org

Medical Equipment

Three Rivers is currently accepting donations of used medical equipment. We loan these out free of charge to people that need them. Items include but are not limited to shower chairs, transfer benches, wheelchairs, power chairs and walkers.

2 Ramps Available!! One wooden ramp available for donation. One aluminum ramp system for sale for \$3000 (\$6000 value!). Call our office for more information.

LEIAP - Low Income Energy Assistance Program is available for those that meet the income guidelines. Call your counselor to get an application.

HELP WITH ELECTRIC BILL

Three Rivers
PO Box 408
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