

Three Rivers, Inc.

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Access to Independent living

Like what we are doing?.....

Support Three Rivers while you shop!

AmazonSmile is a simple and automatic way for you to support Three Rivers Inc. every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase.

On your first visit to AmazonSmile (smile.amazon.com), simply select Three Rivers Inc. to receive donations from eligible purchases before you begin shopping. Amazon will remember 3Rivers, and then every eligible purchase you make at smile.amazon.com will result in a donation.



Name Three Rivers Inc as your Community Reward recipient. Every time you use your Dillons Plus Shopper's Card a portion will be donated to Three Rivers.

Visit: www.dillons.com/communityrewards

Sign in or create a new account linked to your Dillons Plus card. Follow the prompts to designate Three Rivers as your preferred organization.



September 2019

This Issue:

- ◇ Consumer Social
- ◇ DMD
- ◇ WORK Program
- ◇ New Staff
- ◇ DIA Legislation
- ◇ Easy Ways to support 3 Rivers

The Access

From the Executive Director's Desk

Director's Notes

Happy September! We hope to see you at our cookout later this month. Please check out details in this newsletter. It has been a very busy summer for us with several exciting changes happening in our State. This newsletter has updates on the change to the **Protected Income Level and the Brain Injury Waiver** which are just two of the major changes. Every year at this time I urge you all to make sure you are registered to vote and then to get out and vote. **This year, I'd encourage you to stay home and vote!** Contact your county clerk's office to learn how you can have a ballot mailed to your home. This way, when Election Day rolls around and there's bad weather or your health isn't so great, you will already have signed and mailed your vote in. Remember: *Vote as if your life depends on it, because it does.* (Justin Dart Jr.) Speaking of Justin Dart, often referred to as the father of the ADA, if you are aware of local businesses that you can't get in to because they aren't accessible, be sure to contact 3Rivers. We have trained staff and volunteers who review businesses and educate them on how they can become accessible. It's good for you and for their business so don't hesitate to call.

Be sure to check out all the great info in this newsletter and meet our new staff.

Sincerely,

Audrey Schremmer, Executive Director



REV UP: Register, Educate, Vote, Use your Power

Why should you vote?

Because who you vote for impacts healthcare, education, transportation and the list goes on and on.

How do I get registered?

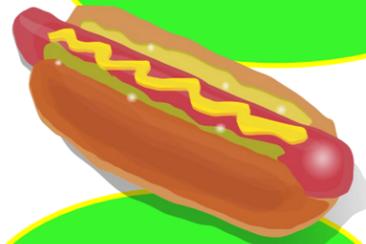
Contact your local county clerks office or 3 Rivers to help you get registered.

Or visit <https://www.kdor.ks.gov/apps/voterreg/default.aspx>



THE RIPPLE EFFECT OF THE
DISABILITY VOTE

3 Rivers Patio



4:00-5:30 p.m.

You are invited!
Please join us on
Tuesday, September 17th
For our hotdog social

Disability Mentoring Day 2019

Calling all Business Leaders and Young Adults

Join us for lunch to celebrate Annual Disability Mentoring Day, as we explore the untapped employment resources in your area. Also, meet local students working to increase their employment resources. **An hour of your time could have far reaching effects on your employee pool.**

SAVE THE DATE

- Wamego, Tuesday, October 22nd
- Atchison, Wednesday, October 23rd
- Junction City, Thursday, October 24th

Lunch provided.

Contact 3Rivers for more information or visit
<https://kcdcinfo.ks.gov/disability-mentoring-day>



Spoofting and Phishing! Oh, My!

Is it Halloween already? It is **SCAR-R-REY** what others can do to our computers and its systems.

Spoofting is a malicious practice in which communication, often an e-mail, is sent from an unknown source disguised as a someone you know. Once I got an e-mail that read like it was from our executive director the subject was "Quick Request" asking that I run a task ASAP and "P.S.: I'm busy at the moment and can't talk but will look out for your reply". Clearly a "phishing" expedition!!



Phishing and spoofting are different beneath the surface. One downloads malware (malicious software) to your computer or network, and the other **tricks** you into giving up sensitive financial information to a cyber-crook. In other words—identity theft. **Phishing** is a method of retrieval, while **spoofting** is a means of delivery. Protect yourself from these scams:

- *Be cautious about all communications you receive...
- *Do not click on any links listed in the email message, and do not open any attachments contained in a suspicious email...
- *Do not enter personal information in a pop-up screen....
- *Install a phishing filter on your email application and also on your web browser. Be safe!! – Linda Mackey, 3 Rivers Office Manager

What is the Disability Integration Act (DIA)?

DIA is legislation that protects people with disabilities by preventing them from being forced into institutions.

How does the Disability Integration Act affect you?

- It secures the rights for millions of disabled people and seniors who are in institutions and want to live in the community.
 - It helps seniors stay in their own homes as they age.
- It saves millions of Federal and State dollars compared with institutionalization.
 - It keeps families together.

How does it work?

Insurance companies and public entities can not discriminate against people with disabilities, must maintain an adequate payment structure for those receiving services, must be informed on individuals rights of services available, affordable and accessible housing options must be increased.

<http://www.disabilityintegrationact.org>

Here are some pictures from the National Council on Independent Living conference that took place in Washington DC July 2019.

Pictured below: Advocates gathered at the Capitol to listen to speakers talking about the need for increased access to independent living services.



Pictured above: Senator Chuck Schumer speaking to advocates on the Disability Integration Act legislation

Visit <http://www.kslegislature.org/li/> for your local legislators contact information. Don't have the internet? No problem. Stop by 3 Rivers and we can assist you.